



## Frequently Asked Questions

### Chino Hills Junior All American Football

#### (CHJAAF)

**Is this tackle or flag football?** CHJAAF is a tackle football program.

**Who do we play against/or what conference are we in?** CHJAAF is in the Southern California Junior All American Football Conference (SCJAAF). The largest tackle football conference in Southern California. SCJAAF consists of teams throughout the San Bernardino and Riverside counties. Our conference has over 28 chapters including Corona, Riverside, Palm Desert, Murrieta, Orangecrest, Fontana, Jurupa, Hesperia, Victorville, Eastvale, Colton, Perris, Redlands and many more.

**Will we have to travel far to games?** Our conference has chapters throughout multiple counties and cities. We encompass Riverside and San Bernardino Counties. You may travel as far north as Victorville/Hesperia; as far east as Palm Desert; as far South as Murrieta. Chino Hills is the westernmost chapter.

**How long is the football season?** The 2024 SCJAAF season begins with practice July 22nd and ends with Championship Weekend December 7<sup>th</sup>. We do play games over the Thanksgiving Holiday.

**Where do we practice?** All practices are held at Chino Hills Community Park.

**Where are home games played?** All home games are played at either Ayala, Chino Hills, Chino, or Don Lugo High School Football Stadiums.

**When are the games played?** All games are played on Saturdays. The only exception may be a Championship Game which could be played on a Sunday.

**When are practices?** Practices are 5 days a week beginning July 22nd. The first week of practice is mandatory conditioning. After Labor Day, practice is 3 days a week: Tuesday, Wednesday, and Thursday. Each team is assigned either a 6:00 p.m. - 8:00 p.m. OR 6:30 p.m. - 8:30 p.m. practice time. Practice times are staggered in this way in an effort to alleviate the traffic congestion at Chino Hills Community Park.

**What times are games played?** Games can be played as early as 8:00 a.m. or as late as 6:00 p.m. depending on the division. and number of the teams playing at the field that day. You will receive a schedule for your team at the beginning of the season. Schedules may change from time to time, so you are encouraged to check the website for updates. **CHJAAF has no control over the schedule or number of home games.**

**Is there a weight limit?** Yes, we have 5 age divisions, and each has a maximum weight per division, per age. The divisions are:

Junior Micro - 6-, 7- and 8-year-old

Micro - 8, 9, 10-year-old

Junior Pee Wee - 9, 10, 11, 12-year-old

Pee Wee - 10, 11, 12, 13-year-old

Midget - 11, 12, 13, 14-year-old

There is a weight restriction for each division age level except the Midget division. **There is no minimum weight.** Please see the "Weights" section on our website or speak to our Chapter Athletic Director. The Chapter Athletic Director will ensure all players are placed in the correct weight and age division.

**How are teams chosen?** The second week of practice a player draft is held offsite. Players are chosen based on their age and skill level. In most cases, there are multiple teams per age division. Our divisions are 1 and 2 depending on the number of players per division.

**I have multiple players; will they play at the same field?** In most cases, yes. We place siblings in the same skill level division based on the eldest child beginning with the Pee Wee division; the Midget division is not considered for placement. The sibling rule only applies in Division 1. **Note: There is no guarantee the chapter we play against will line up in the same division/team level.** There may be instances where our competitors do not match up exactly and teams may have to split locations. (Please see the Chapter Commissioner if you have any questions).

**What equipment does the chapter provide?** CHJAAF provides the following: helmet and shoulder pads. Game jersey, game pants, and socks are also provided. Players keep their game jersey, which is personalized with their last name on the back, game pants as well as their socks. We do require a deposit for the equipment that is distributed/loaned. That equipment must be returned at the end of the season and be in good condition. (There will be scheduled equipment return days.)

You must purchase the following items: Chin strap, cleats (non-detachable rubber molded only; recommended colors are black, red, or white), practice pants, practice jersey (you may use the ones from the previous season), athletic cup and a mouthguard with a tether attachment. **Mouthguards cannot be Red or White. Steel, aluminum, hard rubber or nylon with metal cap cleats are not allowed.** You may purchase your own helmet, but it must be certified. (Please see Chapter Commissioner or Equipment Director for details.)

**My child wants to be on the same team with his/her friends. Is that possible?** Unfortunately, requests for players (non-siblings) to be on the same team cannot be honored due to the player draft.

**My child has never played football, will this be difficult for him/her?** We have multiple divisions per age range. Our coaches pride themselves on teaching the game of football in accordance with each individual division and level of skill. Practices will include basic instruction and safety techniques.

**Are the coaches certified?** Each adult over 18 must be background checked. Our coaches are also required to participate in on-line, on field and classroom training sessions as mandated by our Conference.

**Is there a minimum play rule?** Yes, we have a 10-play minimum play rule per game and scrimmages for the regular season and 5 play minimum play rule per game in the playoffs for all players.

**If my child cannot make every practice will that limit his/her playing time?** Practices are 3 days a week (after Labor Day) and it is very important that your player attend each practice. Missing practice could limit playing time and/or limit the minimum play rule. It is highly recommended your player attends all practices as this is for both safety and their development. Talk with your coach regarding attendance /schedule issues.

**Are there tryouts for positions?** Once players have been drafted to a team, the coaches will give each player the opportunity to try out for various positions. All coaches will work with players to determine which position best suits the player and his/her skill level.

**Do we have to sell candy/raffle tickets, etc.?** When you sign up, your registration fees include the Opening Day raffle tickets. You may choose to sell them to recoup the cost. In addition, each player is required to participate in the league Beef Raffle and Calendar Fundraiser. The sales from the Beef Raffle and Calendar fundraiser (after costs) are split with the league and your **Team** to offset the cost of the Banquet and team needs. Most teams will solicit team sponsors. Your individual team may do fundraisers for the team banquet.

**What is the role of the Team Athletic Director?** The Team Athletic Director is responsible for the safety and wellbeing of the player while at practices and games. Team Athletic Directors are also responsible for the paper and weight certification of a team. Team Athletic Directors work closely with the Chapter Athletic Director in ensuring all records, certification documents and necessary paperwork is complete to ensure the team is eligible to play on game day. The Team Athletic Director is required to be at the field for every practice and game. The Team Athletic Director will make the final decision regarding injuries and is responsible for the safety and wellbeing of your child.

**I have a cheerleader as well. Will she cheer for her sibling's team?** Yes. Brother/sister options for cheer are placed first by the Cheer Coordinator. Note: Conference mandates a minimum number of cheerleaders on a cheer game squad

**Do we have to participate in the Conditioning Program in June?** No, the conditioning program is not mandatory. However, this is an excellent way to get in shape and prepare for the upcoming season. *Note:* the first week of football practice consists of conditioning which includes extensive running, stretching and football-related drills.